



2026-2027

SCHOOL SUPPLY LISTS

CassvilleExeter



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Southwest



Wheaton



Monett



Shell Knob No. 78:



The Alliance of Churches provides all supplies for Shell Knob No. 78. Students need only to purchase a backpack.

HAVE A GREAT SCHOOL YEAR!



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E	K	H	C	B	C	W	U	T	B	W	T
D	V	E	G	G	O	N	Q	D	S	I	Z
O	E	C	F	R	M	A	A	D	A	N	L
M	D	K	U	O	M	A	W	A	V	X	H
P	R	I	T	W	U	Y	M	Q	I	S	C
L	E	N	U	P	N	Q	N	O	N	N	B
J	A	G	R	T	I	F	D	F	G	E	V
X	M	D	E	U	T	B	I	L	Z	Q	X
C	S	J	P	L	Y	J	R	F	V	L	L

Can you find all 8 words?

- Freedom
- Saving
- Learning
- Dreams
- Grow
- Community
- Checking
- Future

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Alcohol and drugs

How do you talk to your teens about substance use without lecturing?

School can sometimes be a place of intense peer pressure. Given the risks associated with alcohol, cannabis and other drugs, you need to be able to discuss substance use with your teenagers openly and constructively. With the new school year fast approaching, here are a few tips to help you get the conversation started.

PREPARE IN ADVANCE

Remember, you were young once, too! Just as you may have been hesitant to talk to your parents back then, your children may feel the same way. Discussing a sensitive topic like drugs can cause stress or a fear of being judged. Remember that, as a trusted figure for your teenagers, you may trigger emotional reactions when you broach the subject.

Your own preconceptions about these substances may also influence the conversation. For example, if your teenager tells you they've tried cannabis, you may feel disappointed or angry. Brace yourself for the possibility of confronting uncomfortable realities. You'll need to stay calm and keep an open mind as you hear your teenager out.

TAKING THE LEAD

If the situation allows, you can ask your child directly if they've ever used drugs and potentially follow up with questions like how it made them feel. The aim is to understand their experience, so encourage them to help you understand the reasons behind their choices. Did they do it because they were with friends? Was it a choice made simply out of curiosity? Were they looking for an aid to cope with stress?

During the discussion, avoid using negative terms that might upset your children. Referring to people with descriptors like "drunk," "drug addict" or "pothead" may alienate rather than promote connection. Watch their reactions so you can adjust your approach. Appeal to their critical thinking by letting them express their own understanding of the distinction between responsible and risky use.

Are you concerned about your teenager's alcohol or drug use? Contact a local community health office or seek telephone or web resources for advice and information.





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Welcome

back to

SCHOOL!

Arning Companies is proud to support students and families in Cassville as they head back to school. We believe investing in our local schools and community helps build a stronger future for everyone.

We wish all students, teachers, and families a safe, successful, and exciting school year!

